

  
**LOOK OUT FOR  
OUR THEMED DAYS!**  
**WEEK ONE**

- 4TH NOVEMBER
- 18TH NOVEMBER
- 2ND DECEMBER
- 16TH DECEMBER
- 13TH JANUARY
- 27TH JANUARY
- 10TH FEBRUARY
- 3RD MARCH
- 17TH MARCH
- 31ST MARCH

- WEEK TWO**
- 11TH NOVEMBER
  - 25TH NOVEMBER
  - 9TH DECEMBER
  - 6TH JANUARY
  - 20TH JANUARY
  - 3RD FEBRUARY
  - 24TH FEBRUARY
  - 10TH MARCH
  - 24TH MARCH

# WEEKLY MENU

| MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY  |
|---|---|--|--|---|
| Chicken & Sweetcorn Pie 1<br>Herby Tomato Pasta Twists 1VG<br>Jackets with a<br>Choice of Toppings 7,8,9<br>.....<br>New Potatoes<br>Carrots<br>Peas<br>.....<br>Rice Pudding & Syrup 7<br>Mr Nourish Biscuit 1VG<br>Fruit Pots VG                    | Mild Chilli Beef 4<br>Pesto & Pea Penne 1,7V<br>Jackets with a<br>Choice of Toppings 7,8,9<br>.....<br>Rice<br>Seasonal Vegetables<br>.....<br>Toffee Apple Pudding 1VG<br>& Custard 7<br>Mr Nourish Biscuit 1VG<br>Fruit Pots VG | Roast Chicken & Gravy<br>Vegan Sausage Roll 1VG<br>Jackets with a<br>Choice of Toppings 7,8,9<br>.....<br>Rustic Roast Potatoes<br>Cabbage<br>Sweetcorn<br>.....<br>Chocolate Crispy Cake 1,3,7,16<br>Mr Nourish Biscuit 1VG<br>Yoghurt 3,7<br>Fruit Pots VG | Macaroni Cheese 1,7V<br>Rice & Bean Burrito 1VG<br>Jackets with a<br>Choice of Toppings 7,8,9<br>.....<br>Baked Wedges<br>Green Beans<br>Cauliflower<br>.....<br>Cinnamon Roll 1,3,7,9<br>Mr Nourish Biscuit 1VG<br>Yoghurt 3,7<br>Fruit Pots VG | Salmon Fish Cake 1,7,8<br>or Fish Fingers 1,8<br>Falafel Burger in a Bun 1,5 VG<br>Jackets with a<br>Choice of Toppings 7,8,9<br>.....<br>Chips, Peas<br>Baked Beans<br>Carrot Sticks<br>.....<br>Jaffa Biscuit 1VG<br>Yoghurt 3,7<br>Fruit Pots VG |
| Margherita Pizza 1,3,7,9 V<br>Meatfree Meatballs<br>in Tomato Sauce VG<br>Jackets with a<br>Choice of Toppings 7,8,9<br>.....<br>Rainbow Pasta 1VG<br>Sweetcorn<br>Peppers<br>.....<br>Strawberry Mousse 7<br>Mr Nourish Biscuit 1VG<br>Fruit Pots VG | Chicken Curry<br>Tomato Spaghetti 1VG<br>Jackets with a<br>Choice of Toppings 7,8,9<br>.....<br>Rice<br>Seasonal Vegetables<br>.....<br>Banana Loaf 1VG<br>& Chocolate Custard 7<br>Mr Nourish Biscuit 1VG<br>Fruit Pots VG       | Roast Pork & Gravy<br>Samosa Puff 1VG<br>Jackets with a<br>Choice of Toppings 7,8,9<br>.....<br>Rustic Roast Potatoes<br>Green Beans<br>Carrots<br>.....<br>Ice Cream 7<br>Mr Nourish Biscuit 1VG<br>Yoghurt 3,7<br>Fruit Pots VG                            | Beef Bolognaise Penne Pasta 1<br>Cheesy Cajun Wedges 4,7 V<br>Jackets with a<br>Choice of Toppings 7,8,9<br>.....<br>Cauliflower<br>Broccoli<br>.....<br>Jam & Vanilla Cake 1VG<br>Mr Nourish Biscuit 1VG<br>Yoghurt 3,7<br>Fruit Pots VG        | Fish Fingers 1,8<br>Bruschetta 1,7V<br>Jackets with a<br>Choice of Toppings 7,8,9<br>.....<br>Chips, Peas<br>Baked Beans<br>Coleslaw 9<br>.....<br>Coconut Cookie 1,7<br>Yoghurt 3,7<br>Fruit Pots VG   |

**AVAILABLE DAILY:** Selection of Salads 9, Homemade Bread 1,3,7,9. Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.

VG Vegan V Vegetarian  
1Wheat Gluten 2Crustaceans 3Soybean 4Mustard 5Sesame 6Sulphites/Sulphur Dioxide 7Milk  
8Fish 9Egg 10Peanuts 11Molluscs 12Celeriac/Celery 13Nuts 14Lupins 15Oat Gluten 16Barley Gluten



**EAT YOUR VEGGIES!**

