Maritime
Strong
Foundations

Maritime
Academy
Trust

Ready 4 Reception



1
I can walk safely

Can you walk to the park or shops or to your new school safely with your adult?



2
I can use the toilet independently

Can you follow the steps to going to the toilet all on your own?



3
I can put my coat on

Can you put your coat on by yourself? How about your shoes too?

4
I can sit down and eat a meal

Can you sit and eat with others? Can you use a knife and fork? Can you drink from a cup?



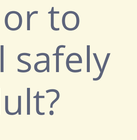
5
I can tidy up

Can you put your toys away? Can you help with a job at home like emptying the washing machine or laying the table?



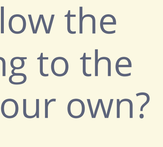
6
I can talk about my experiences

Can you go for a walk and talk about what you hear, see or smell? Can you talk about the best thing you did today?



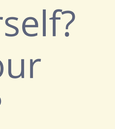
7
I can talk to new adults

Can you say hello to someone not in your family? Can you ask for help if you need it?



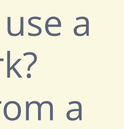
8
I can listen and follow instructions

Can you follow a one step instruction? Can you listen to a two step instruction? Can you draw a picture by listening to my steps?



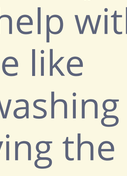
9
I can share a short story

Can you listen to a story? What is your favourite book?



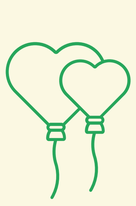
10
I can sing songs and nursery rhymes

Do you know nursery rhymes? What is your favourite song to dance to?



11
I can play with other children

Can you share toys and play with a friend? Can you invite a friend to play?



12
I can talk about my feelings

Can you think of things that make you happy? What do you do when you feel sad?



13
I can think of other people

Can you make a card or say something kind to someone else?

14
I can wait and take turns

Can you play a game and wait your turn?



15
I can feel safe and happy away from home

Can you say goodbye to Mummy and Daddy? Can you talk to new adults?



16
I can do physical activities

Can you climb, run and jump? Go on a walk and see what you can see. Visit a park.



17
I can make marks

Can you make marks on the pavement with chalk or with pen on paper or even with sticks in the mud?



18
I can recognise my name

Can you find your name if it is written down? Can you write some of the letters in your name?

19
I can try new things

Can you try something new? Like playing a new game, visiting a new place or trying a new food?



20
I know my routines

What do you do in the mornings? What do you do on a Monday or Tuesday? What is your bedtime routine?

