

# WEEKLY MENU



**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**WEEK 1**

- 15TH APRIL
- 29TH APRIL
- 13TH MAY
- 3RD JUNE
- 17TH JUNE
- 1ST JULY
- 15TH JULY
- 2ND SEPT
- 16TH SEPT
- 30TH SEPT
- 14TH OCT

Sweet Chicken Curry  
 Cheesy Pasta 1,7 V  
 Jackets with a Choice of Toppings 7,8,9  
 ~~~~~  
 Rice  
 Cauliflower  
 Carrots  
 Herby Bread 1,3,7,9  
 ~~~~~  
 Apple Crumble 1 VG & Custard 7  
 ~~~~~  
 Mr Nourish Biscuit 1 VG  
 ~~~~~  
 Fruit Pots VG

Sausage Roll 1,6  
 Quorn Sausage & Gravy 1 VG  
 Jackets with a Choice of Toppings 7,8,9  
 ~~~~~  
 Mashed Potato  
 Baked Beans  
 Broccoli  
 ~~~~~  
 Strawberry Mousse 7  
 ~~~~~  
 Mr Nourish Biscuit 1 VG  
 ~~~~~  
 Fruit Pots VG

Roast Gammon & Gravy  
 Samosa Puff 1 VG  
 Jackets with a Choice of Toppings 7,8,9  
 ~~~~~  
 Rustic Roast Potatoes  
 Green Beans  
 Carrots  
 ~~~~~  
 Crispy Cake 3,7,16  
 ~~~~~  
 Mr Nourish Biscuit 1 VG  
 ~~~~~  
 Yoghurt 3,7  
 ~~~~~  
 Fruit Pots VG

Margherita Pizza 1,3,7,9 V  
 Loaded Cajun Bean Wedges VG  
 Jackets with a Choice of Toppings 7,8,9  
 ~~~~~  
 New Potatoes  
 Seasonal Vegetables  
 ~~~~~  
 Lemon Drizzle Cake 1,9  
 ~~~~~  
 Mr Nourish Biscuit 1 VG  
 ~~~~~  
 Yoghurt 3,7  
 ~~~~~  
 Fruit Pots VG

Chicken Bites 1  
 Summer Frittata 7,9 V  
 Jackets with a Choice of Toppings 7,8,9  
 ~~~~~  
 Chips  
 Peas  
 Baked Beans  
 ~~~~~  
 Caramel Cookie 1,7  
 ~~~~~  
 Yoghurt 3,7  
 ~~~~~  
 Fruit Pots VG

**WEEK 2**

- 22ND APRIL
- 6TH MAY
- 20TH MAY
- 10TH JUNE
- 24TH JUNE
- 8TH JULY
- 22ND JULY
- 9TH SEPT
- 23RD SEPT
- 7TH OCT
- 21ST OCT

Chicken Pie 1  
 Tomato & Herb Pasta 1 VG  
 Jackets with a Choice of Toppings 7,8,9  
 ~~~~~  
 Mashed Potato  
 Cauliflower  
 Carrots  
 ~~~~~  
 Ice Cream 7  
 ~~~~~  
 Mr Nourish Biscuit 1 VG  
 ~~~~~  
 Fruit Pots VG

Singapore Noodles 1,3,16 VG  
 Cheese & Bean Wrap Pocket 1,7 V  
 Jackets with a Choice of Toppings 7,8,9  
 ~~~~~  
 New Potatoes  
 Seasonal Vegetables  
 ~~~~~  
 Banana & Toffee Cake 1,7,9  
 ~~~~~  
 Mr Nourish Biscuit 1 VG  
 ~~~~~  
 Fruit Pots VG

Roast Chicken & Gravy  
 Vegetable Toad in the Hole 1,7,9 V  
 Jackets with a Choice of Toppings 7,8,9  
 ~~~~~  
 Rustic Roast Potatoes  
 Cabbage  
 Peas  
 ~~~~~  
 Fruit Jelly VG  
 ~~~~~  
 Mr Nourish Biscuit 1 VG  
 ~~~~~  
 Yoghurt 7  
 ~~~~~  
 Fruit Pots VG

Penne Bolognese 1  
 Rice & Bean Burrito 1 VG  
 Jackets with a Choice of Toppings 7,8,9  
 ~~~~~  
 Baked Wedges  
 Green Beans  
 Carrots  
 Garlic Bread 1,3,7,9  
 ~~~~~  
 Beetroot Cake 1,9  
 ~~~~~  
 Mr Nourish Biscuit 1 VG  
 ~~~~~  
 Yoghurt 3,7  
 ~~~~~  
 Fruit Pots VG

Fish Fingers 1,8  
 Vegetable Pastie 1 VG  
 Jackets with a Choice of Toppings 7,8,9  
 ~~~~~  
 Chips  
 Peas  
 Baked Beans  
 ~~~~~  
 Vegan Brownie 1 VG  
 ~~~~~  
 Yoghurt 3,7  
 ~~~~~  
 Fruit Pots VG

**KEY:**  
 VG Vegan  
 V Vegetarian

**AVAILABLE DAILY:**

Selection of Salads 9,  
 Homemade Bread 1,3,7,9.

Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.



LOOK OUT FOR OUR THEMED DAYS!

SPECIAL



- 1 Wheat Gluten
- 2 Crustaceans
- 3 Soybean
- 4 Mustard
- 5 Sesame
- 6 Sulphites/Sulphur Dioxide
- 7 Milk
- 8 Fish
- 9 Egg
- 10 Peanuts
- 11 Molluscs
- 12 Celeriac/Celery
- 13 Nuts
- 14 Lupins
- 15 Oat Gluten
- 16 Barley Gluten