



# SPRING MENU 2026

Emma's Kitchen

WEEK ONE W/C: 23/2, 16/3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	PASTA CLUB Mac'n'Cheese {1,9}  <b>MEAT FREE MONDAY</b> Hidden Veg Tomato Pasta{1}	Butter Chicken {9}	Roast Loin of Pork	Beef Burritos {1,9,11}	Fish Fingers {1,4}
VEGETARIAN OPTION		Vegetable Biryani	Vegetable Bake {1}	Quorn Burritos {1,7,9,11}	Mozzarella Sticks {1,9}
JACKET POTATO FILLING	Cheese [9]Beans	Beans Tuna {4,7,9}	Cheese {9} Beans	Cheese {9} Beans	Cheese {9} Beans Chilli {11}
SIDES	Garlic Bread {1} Italian Salad Bar	Naan Bread {1,9} 50/50 Rice Peas and Green Beans	Roast Potatoes Seasonal Veg Bread Roll {1}	Rice Sweetcorn	Chips Peas
DESSERT	Orange Shortbread {1}	Eton Mess {7,9}	Fruit Jelly	Yoghurt Pots {9}	Sprinkle Cake {1,7}

ALLERGEN KEY

1 CEREALS CONTAINING GLUTEN 2 CRUSTACEANS 3 MOLLUSCS 4 FISH 5 PEANUTS 6 NUTS 7 EGGS 8 SOYABEANS 9 MILK

10 CELERY 11 MUSTARD 12 LUPIN 13 SESAME 14 SULPHITE

ALL OUR MENUS ARE PEANUT AND NUT FREE. WHILST WE DO NOT BRING NUTS INTO THE KITCHENS, SOME PRODUCTS ARE SUBJECT TO 'MAY CONTAIN' STATUS IN MANUFACTURING



# SPRING MENU 2026

WEEK TWO W/C: 2/3, 23/3

Emma's Kitchen

*Cooking With Love*

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN  
MEAL

Vegetable Chilli

MEAT FREE  
MONDAY

Sausage Roll {1,14}

Roast Chicken Breast

50/50  
Spaghetti Bolognese  
{1}

Chicken Nuggets  
{1}

VEGETARIAN  
OPTION

Cheese Omelette  
{7,9}

Vegan Sausage Roll  
{1}

Melty Mushroom Puff  
{1}

Sweet Potato and Lentil  
Curry

Spiced Lentil and Bean  
Patties [1]

JACKET  
POTATO  
FILLING

Tuna {4,7,9} Beans

Cheese {9} Beans

Cheese {9} Beans

Cheese {9} Beans

Tuna {4,7,9} Beans

SIDES

50/50 Rice  
Salad Bar

Herby Wedges  
May contain {10}  
Broccoli and Peas

Roast Potatoes  
Seasonal Vegetables  
Gravy  
Bread Roll {1}

Green Beans  
Garlic Dough Balls {1}

Chips  
Baked Beans

DESSERT

Cherry Crunch  
{1}

Orange and Ginger  
Treacle Sponge {1,7}

Fruit Salad

Cheese Scones {1,9}

Finn's Chocolate  
Concrete Cake {1,7}

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# SPRING MENU 2026

WEEK THREE W/C: 9/3, 30/3

## Emma's Kitchen

*Cooking With Love*

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN  
MEAL

MEAT FREE  
MONDAY

Cheese and Tomato  
Popeye Pinwheel {1,9}

PIZZA CLUB  
Pepperoni Pizza {1,9}

Red Tractor  
Roast Gammon

Chicken Enchilladas  
{1,9,11}

Pork and Beef Sausage  
{1,14}  
Salmon Fishcake {1,4}

VEGETARIAN  
OPTION

Pesto Pasta {1,9}

Margerita Pizza [1,9]



Vegetable Wellington  
{1}

Haloumi and Veg  
Enchilladas {1,9,11}

Vegan Sausage {1}

JACKET  
POTATO  
FILLING

Cheese {9} Beans

Cheese {9} Tuna {4,7,9}

Cheese {9} Beans

Cheese {9} Beans

Cheese {9} Beans

SIDES

Potato Bites  
Broccoli and Carrots

Pasta Salad {1}  
Peas and Sweetcorn

Roast Potatoes  
Seasonal Vegetables  
Gravy  
Bread Roll {1}

50/50 Rice  
Salad Bar

Fries  
Peas

DESSERT

Fruity Flapjack {1}

Tutti Fruit Tuesday

Berry Cheesecake  
{1,9}

Apple and Cinnamon  
Swirl {1}

Ice Cream Roll  
{1,7,8,9}

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# ABOUT US

## EMMA'S KITCHEN

A BUSINESS BUILT IN 2020 FROM A LOVE AND PASSION OF WANTING TO IMPROVE THE QUALITY AND EXPERIENCE OF NOTORIOUSLY POOR SCHOOL LUNCHES. EMMA AND HER TEAM STRIVE TO PROVIDE THE VERY BEST IN SCHOOL DINNERS.

## RECIPES

PLEASE VISIT OUR WEBSITE:  
[WWW.EMMASKITCHENCO.COM](http://WWW.EMMASKITCHENCO.COM)

TO FIND RECIPES WE USE IN OUR SCHOOLS AND SOME EXCITING IDEAS FOR THE CHILDREN TO TRY AT HOME!

ALL OUR FOOD IS MADE FRESH DAILY IN OUR KITCHENS

JACKET POTATOES WITH A CHOICE OF FILLINGS ARE AVAILABLE EVERYDAY AND A SELECTION OF FRESH FRUIT AND YOGHURT ARE ON OFFER DAILY  
WE ACTIVELY ENCOURAGE CHILDREN TO TRY NEW FLAVOURS!

OUR SALAD BAR IS OPEN EVERY DAY FOR THE CHILDREN TO ENJOY THEIR FAVOURITE SALAD ITEMS AND ALSO TO TRY NEW AND EXCITING FLAVOURS  
FRESH BREAD IS COOKED DAILY IN OUR KITCHENS

## CONTACT US

FOR MORE INFORMATION PLEASE EMAIL:  
[EMMA@EMMASKITCHENCO.COM](mailto:EMMA@EMMASKITCHENCO.COM)

## DIETARY REQUIREMENTS

WE CURRENTLY CATER FOR GLUTEN FREE AND DAIRY FREE CHILDREN. PLEASE CONTACT US TO DISCUSS ANY DIETARY REQUIREMENTS YOUR CHILD MAY HAVE