



# SPRING MENU 2026

Emma's Kitchen  
*Cooking With Love*

WEEK ONE W/C: 5/1, 26/1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	PASTA CLUB Mac'n'Cheese {1,9}	Butter Chicken {9}	Roast Loin of Pork	Beef Burritos {1,9}	Chicken Nuggets [1]
VEGETARIAN OPTION	Hidden Veg Tomato Pasta {1}	Vegetable Biryani	Vegetable Bake {1,9}	Quorn Burritos {1,7,9}	Vegetable Nuggets {1}
JACKET POTATO FILLING	Cheese {9} Beans	Beans Tuna {4,7,9}	Cheese {9} Beans	Cheese {9} Beans	Cheese {9} Beans
SIDES	Garlic Bread {1} Carrots	50/50 Rice Peas and Green Beans	Roast Potatoes Seasonal Veg Bread Roll {1}	Rice Sweetcorn	Chips Peas
DESSERT	Orange Shortbread [1] Fresh Fruit	Cornflake Cake {1} Fresh Fruit	Fruit Jelly Fresh Fruit	Fruit Yoghurt {9} Fresh Fruit	Sprinkle Cake {1,7,9} Fresh Fruit

ALLERGEN KEY  
1 CEREALS CONTAINING GLUTEN 2 CRUSTACEANS 3 MOLLUSCS 4 FISH 5 PEANUTS 6 NUTS 7 EGGS 8 SOYABEANS 9 MILK  
10 CELERY 11 MUSTARD 12 LUPIN 13 SESAME 14 SULPHITE  
ALL OUR MENUS ARE PEANUT AND NUT FREE. WHILST WE DO NOT BRING NUTS INTO THE KITCHENS, SOME PRODUCTS ARE SUBJECT TO 'MAY CONTAIN' STATUS IN MANUFACTURING



# SPRING MENU 2026

WEEK TWO W/C: 12/1, 2/2

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Vegetable Chilli <small>MEAT FREE MONDAY</small>	Sausage Roll {1,14}	Roast Herby Chicken	50/50 Spaghetti Bolognese {1}	Fish Fingers {1,4}
VEGETARIAN OPTION	Cheese Omelette {7,9}	Vegan Sausage Roll {1}	Melty Mushroom Puff {1}	Sweet Potato and Lentil Curry {9}	Mozzarella Fingers {1,9}
JACKET POTATO FILLING	Tuna {1,7,9} Beans	Cheese {9} Beans	Cheese {9} Beans	Cheese {9} Beans	Tuna {1,7,9} Beans
SIDES	Rice Salad Bar	½ Jacket Potato Broccoli	Roast Potatoes Seasonal Vegetables Gravy Bread Roll {1}	Green Beans Garlic Dough Balls {1}	Chips Baked Beans
DESSERT	Jam Dodgers {1,9} Fresh Fruit	Berry Mousse {9} Fresh Fruit	Fruit Salad	Cheese Scone {1,9} Fresh Fruit	Finn's Chocolate Concrete Cake {1,7,9} Fresh Fruit

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# SPRING MENU 2026

WEEK THREE W/C: 19/1, 9/2

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	<div>MEAT FREE MONDAY</div> <div>Cheese and Tomato Pinwheel {1,9}</div>	PIZZA CLUB Pepperoni Pizza {1,9}	<div>RED TRACTOR CERTIFIED STANDARDS</div> <div>Red Tractor Roast Gammon</div>	Chicken Enchilladas {1,9}	Pork and Beef Hot Dog {1,14} Salmon Fishcake {1,4}
VEGETARIAN OPTION	Pesto Pasta {9}	Margerita Pizza {1,9}	Vegetable Wellington {1}	Halloumi and Veg Enchilladas {1,9}	Vegan Sausage {1}
JACKET POTATO FILLING	Cheese {9} Beans	Cheese {9} Tuna {1,7,9}	Cheese {9} Beans	Cheese {9} Beans	Cheese {9} Beans
SIDES	Potato Bites Green Beans	Pasta Salad [1] Peppers and Peas	Roast Potatoes Seasonal Vegetables Gravy	50/50 Rice Salad Bar	Fries Peas
DESSERT	Fruity Flapjack Fresh Fruit	Treacle Sponge {1,7,9} Fresh Fruit	Eton Mess {7,9} Fresh Fruit	Apple and Cinnamon Swirl {1,7,9} Fresh Fruit	Ice Cream {9} Fresh Fruit

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# ABOUT US

## EMMA'S KITCHEN

A BUSINESS BUILT FROM A LOVE AND PASSION OF WANTING TO IMPROVE THE QUALITY AND EXPERIENCE OF NOTORIOUSLY POOR SCHOOL LUNCHES. EMMA AND HER TEAM STRIVE TO PROVIDE THE VERY BEST IN SCHOOL DINNERS

## RECIPES

PLEASE VISIT OUR WEBSITE:  
[WWW.EMMASKITCHENCO.COM](http://WWW.EMMASKITCHENCO.COM)  
TO FIND RECIPES WE USE IN OUR SCHOOLS AND SOME EXCITING IDEAS FOR THE CHILDREN TO TRY AT HOME!

ALL OUR FOOD IS MADE FRESH DAILY IN OUR KITCHENS  
OUR MENUS EXCEED THE CURRENT GOVERNMENT SCHOOL FOOD PLAN

JACKET POTATOES WITH A CHOICE OF FILLINGS ARE AVAILABLE EVERYDAY (MUST BE ORDERED IN ADVANCE)  
WE ACTIVELY ENCOURAGE CHILDREN TO TRY NEW FLAVOURS

OUR SALAD BAR IS OPEN EVERY DAY FOR THE CHILDREN TO ENJOY THEIR FAVOURITE SALAD ITEMS AND ALSO TO TRY NEW AND EXCITING FLAVOURS  
FRESH WHITE AND WHOLEMEAL BREAD IS COOKED DAILY IN OUR KITCHENS. AND FRESH FRUIT ARE ALSO ON OFFER EVERYDAY

## CONTACT US

FOR MORE INFORMATION PLEASE EMAIL:  
[EMMA@EMMASKITCHENCO.COM](mailto:EMMA@EMMASKITCHENCO.COM)

## DIETARY REQUIREMENTS

WE CURRENTLY CATER FOR GLUTEN FREE AND DAIRY FREE CHILDREN. PLEASE CONTACT US TO DISCUSS ANY DIETARY REQUIREMENTS YOUR CHILD MAY HAVE